# ALS Symposium Virtual Event



#### When

Saturday, September 19, 2020 9:30 a.m. – 2:15 p.m.

#### Venue

Online virtual event

#### Who should attend?

- ALS patients, families, and caregivers
- Dietitians
- Home health agencies
- Nurses
- Physicians
- Social workers
- Therapists
- Other health care providers

#### Registration

Complimentary registration for all health care professionals, patients and families in the ALS community.

Select continuing education credits available for a \$25 fee. See reverse for available credits.

#### **Questions**?

**Contact** VCU Health Continuing Education <u>ceinfo@vcuhealth.org</u> | 804.828.3640



Join us for an informative symposium that will offer insights on providing multidisciplinary clinical care for the ALS patient including occupational, physical, respiratory and speech therapy. The conference will also feature presentations by experts in genetic testing, nutrition, supporting caregivers and providing palliative and hospice care to ALS patients. Health care professionals, patients and caregivers can also learn about the latest medical equipment and other resources available to support people living with ALS.

#### **Objectives**

At the conclusion of this activity, learners will be able to:

- Identify the role of each member of the multidisciplinary team in the management of ALS, including therapists, social workers, dietitians, nurses and physicians.
- Describe how research can guide advances in ALS care.
- Explain why genetic testing is indicated for certain patients.
- Discuss and address the impact on caregivers supporting patients with ALS.
- Describe the role of palliative care and hospice as part of the care team.
- List regional resources available for support with ALS management.

## Register online at vcu.cloud-cme.com/ALS2020



### VCU Health faculty

#### Kiera Berggren, MA/CCC-SLP, MS

**Research Speech-Language Pathologist** Program for Translational Research in Muscular Dystrophies Department of Neurology

#### Paula Brockenbrough, BS, CRT

Respiratory Therapist II **Respiratory Care Department** 

#### Mandy Butler, PT, DPT

Physical Therapist III Clinical Evaluator for Neuromuscular Research Children's Hospital Brook Road **Outpatient Therapy** Adult and Pediatric Neuromuscular and ALS Clinics

#### **Chelsea Chambers, MS, LCGC**

Genetic Counselor II Department of Human and Molecular Genetics

#### Michelle Gebhardt, RN

Clinical Coordinator IV, Ambulatory Care Department of Neurology

#### Kelly G. Gwathmey, MD

Assistant Professor of Neurology Neuromuscular Division Chief Program Director of the Neuromuscular Medicine Fellowship

#### J'Lee Maldonado, MSW

Clinical Social Worker II Supervisee in Social Work Adult Outpatient Neurology

#### Danielle Noreika, MD

Medical Director Inpatient Palliative Care Services Program Director, Hospice and Palliative Medicine Fellowship

#### **Rebecca Rhodes, RD**

**Clinical Dietitian** Department of Neurology

#### Kate Roberts, OTD, OTR/L, CSRS

Occupational Therapist III Neuroscience, Orthopaedic and Wellness (NOW) Center

#### Disclosure

In compliance with ACCME standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

#### Disclaimer

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

## Schedule | Saturday, September 19, 2020

A.M.

- 9:30 Welcome and announcements Kelly G. Gwathmey, MD
- ALS overview and the role of the multidisciplinary clinic 9:35 Kelly G. Gwathmey, MD
- 10:00 **The role of occupational therapy and physical therapy** in the ALS multidisciplinary clinic Mandy Butler, DPT and Kate Roberts, OTD, OTR/L
- 10:30 Nursing and social work in the outpatient clinic setting Michelle Gebhardt, RN and J'Lee Maldonado, MSW
- 10:55 Break
- 11:05 ALS and the importance of genetics Chelsea Chambers, MS, LCGC
- 11:30 Nutrition, swallowing and communication Kiera Berggren, MA/CCC-SLP, MS and Rebecca Rhodes, RD P.M.
- 12:00 Lunch break
- 12:30 **Respiratory therapy** Paula Brockenbrough, CRT
- 12:50 Palliative and supportive care in ALS Danielle Noreika, MD
- 1:20 Break
- 1:30 ALS Association (ALSA) resources
- 1:40 Muscular Dystrophy Association (MDA) resources
- 1:50 Research updates in motor neuron diseases Kelly G. Gwathmey, MD
- 2:10 **Closing remarks** 
  - Kelly G. Gwathmey, MD
- 2:15 Adjourn

#### Accreditation and education credit



In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity

VCU Health designates this activity for a maximum of 3.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



SACE As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are

approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course. Social workers completing this course receive 3.75 continuing education credits.



This program has been approved for 3.5 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425, N. MacArthur Blvd, Suite 100, Irving TX 75063



This activity was planned by and for the healthcare team, and learners will receive 3.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

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